

Consulting Children

for children and young people





Consulting Children

After parents separate, young people can find it hard to communicate with them. Afraid of split loyalties and causing further conflict, they learn to tell parents what parents want to hear. Consulting Children gives them an independent voice. We help them to

- ▶ share their views
- ▶ express concerns
- ▶ talk about change
- ▶ give feedback

young people tell us they don't want to be stuck in the middle

If you're a young person, talking about your family to someone you don't know can feel awkward. This is understandable, but our Family Mediators will help you. You will

- ▶ be given time to consider what you want to say
- ▶ not be quizzed or asked inappropriate questions
- ▶ choose whether you wish to share your views

Young people attend a minimum of two sessions, and with the mediator, are supported to share their views with their parents.

member of Relationships Scotland

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