

Parenting Apart

free info session for separated parents





Parenting Apart

We know how difficult family breakdown and living in separate homes can be. Our one-off Parenting Apart Groups can help you to:

- ▶ understand what you and your children are going through
- ▶ help your children cope
- ▶ work together as parents
- ▶ plan for the future

parents who work together have happier children

You and your ex-partner attend a different 3 hour group. Sessions are free and run at various dates and times.

call or email to register your interest or book a place

We acknowledge the support of The Scottish Government through a strategic funding partnership grant that makes parenting apart possible

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